



**PRE-CO**  
**2024-2025**  
**INFORMATION**  
**PACKET**

# WHO ARE WE

*The purpose of Pre-Co is to instill the love of dance and to build self confidence for young dancers . This company is for girls and boys who show passion and drive to aspire to be MORE, in a nurturing dance environment.*

*This will give dancers, ages 5-8, additional performance and training opportunities, at a competitive level.*

*Pre-Co will prepare dancers for the more rigorous schedule and expectations of the older competitive companies.*

# MORE THAN DANCE

We are proud to have the opportunity to offer our Pre-Co members many ways to GROW! We believe that dancers should be well-rounded in all facets of life! As a part of this team, we will develop skills such as:

Teamwork

Socialization & Creativity

Emotional & Cognitive Development

Self Exploration

Confidence

Acceptance of Feedback

Stepping Outside Comfort Zones

Self Reliance

Injury Prevention

Interview/Audition Skills

Personal Responsibility

Communication Skills

Laughter & Fun

# ABOUT THE DIRECTOR

KIM CABE FARNSWORTH  
PRE-CO DIRECTOR



Kim was born with the love of dance and the love of children. Teaching and working with children began in High School and grew to be her passion.

During this time, Kim choreographed solos and team routines, competed locally and nationally and was repeatedly recognized as an All-American Dancer. Kim continued in dance on a scholarship to Blinn College Treasures Dance Team, traveling and competing nationally. Her education continued at Texas State University, in San Marcos, where she obtained a Bachelors of Science in Dance.

During her studies of dance, she landed a teaching position at Hermann and Sons School of Dance, in New Braunfels, where she later became the studio's director. Further training was obtained while assisting dance directors at Baily Middles School, in Austin, and San MARcos High school, teaching conventions and master classes prepping dancers for auditions.

In 2006, Kim's the youth director and mini company director for another local studio company, where she later became the coordinator for Blast Dance Convention and the office manager.

Three years later in 2009, Kim opened her own business, where she was able to share the love of dance with pre-school children all over the Austin and surrounding areas. Her passion continued while working at yet another local studio, where she became the office manager and director of their youth program.

In 2018, Kim moved to another local studio, where she was an office administrator and instructor for all ages; she later added the title of Mini/Petite Company Director. No Matter where Kim calls her dance home, she continues to share her love of dance with as many children as she can and will keep doing so in her years to come.

# REQUIREMENTS

Pre-Co is supported by great faculty, with weekly classes, taught by top quality, passionate, inspiring instructors! We believe it takes a village to raise these well rounded dancers, and these instructors are all passionate about their growth!

## WEEKLY REHEARSALS

Pre-Co will rehearse during the week and will have VERY MINIMAL Saturday rehearsals, if at all. We will hold any Saturday rehearsals close to competitions if additional rehearsal time is needed.

## CONVENTION/COMPETITION

Pre-Co dancers will attend 4 local competitions in the greater Austin area, and 1 local convention in San Marcos, Texas.

For local competitions, dancers will exclusively compete their piece or pieces to be viewed and scored by a panel of judges.

This is the same for conventions; however, conventions will also include classes, auditions and scholarship opportunities. Optional convention opportunities may also be offered based on the interest of dancers/parents.

## VERSATILE TRAINING

Dancers on Pre-Co are required to take the following weekly classes

- ballet, jazz, technique & rehearsal

Dancers will also have the opportunity to train in the following genres:

- contemporary/lyrical, tap, acro, hip hop, and more!

# pre-co "auditions"

**MAY 23 5-6PM**

## **WHAT TO WEAR**

Dancers should wear black leotard and pink tights. Dancers should bring both ballet & jazz shoes. Hair should be tidy and in a bun.

No jewelry or accessories. Bring black leggings or shorts for the jazz portion to put on top of their leotard.

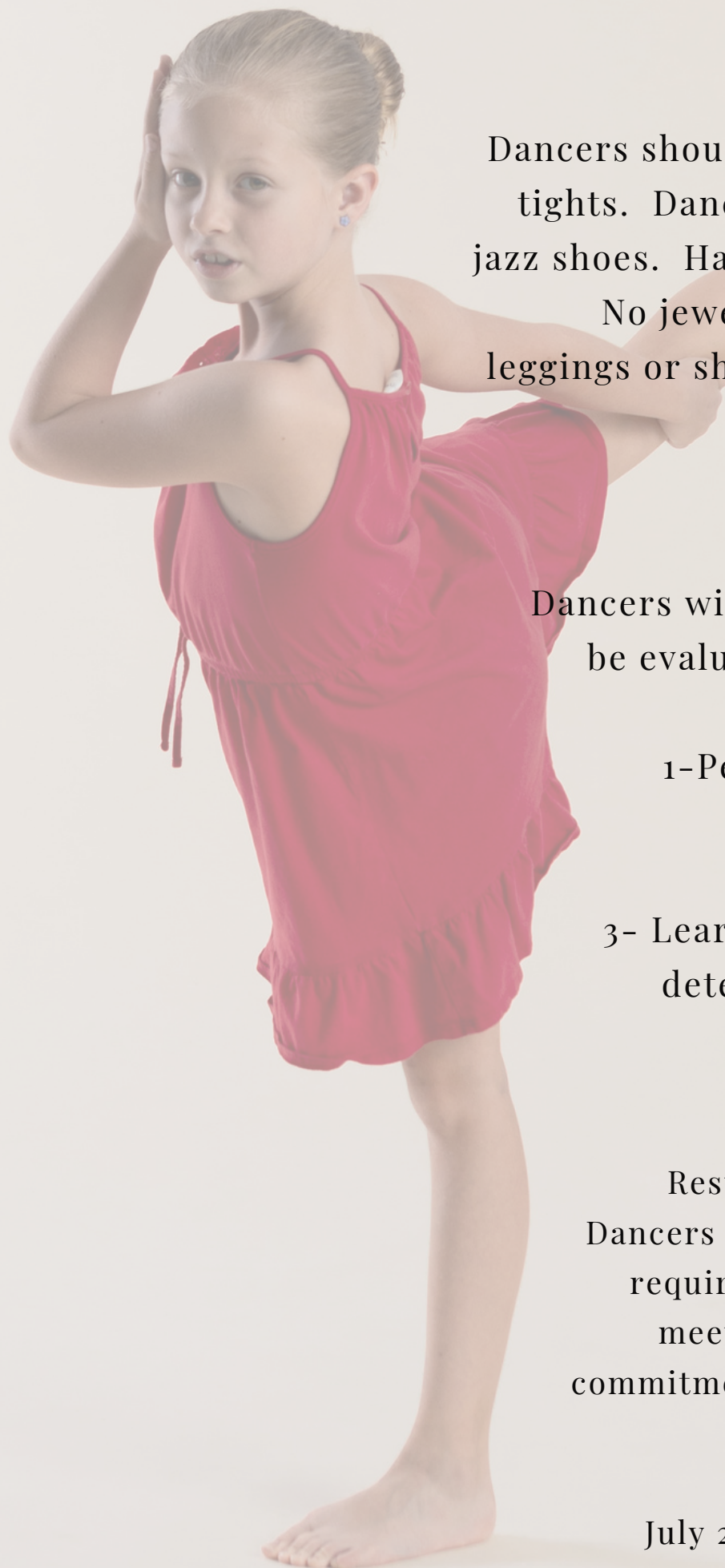
## **EVALUATION**

Dancers will take 'class', where they will be evaluated on their behavior /focus and overall dance technique.

- 1- Perform Ballet skills requested
- 2- Follow along stretching to demonstrate their flexibility
- 3- Learn a short jazz combination to determine movement quality and performance capability.

## **RESULTS**

Results will be emailed to guardian. Dancers and one parent/guardian will be required to attend a team registration meeting June 1 at 10:30am. Company commitment begins at the start of the fall dance semester but must attend training & choreography camp July 29th-July 31 | -10:00am-2:00pm.



# PRE-CO TENTATIVE REQUIRED DATES

**May 23rd** | 5-6pm Rise PreCo Audition class- \$25

- Required for dancers ages 5-8 interested in PreCo

**June 1st** | Commitment Meeting and Contracts Due

**June 3rd** | Start of Summer Session

**June 12-14th** | TDS Ballet Intensive \*Required for all dancers

**July 27th** | Last Day of Summer Session

**July 29th-July 31** | PreCo Technique & Choreography Camp

Mon-Wed -10:00am-2:00pm \*\*Required for All Dancers

**August 10th**) | Company Retreat @ Dupuy Ranch

**August 19th** | Start of Fall Session

**August TBD** | Sarah Annie Photoshoot

**DATE TBD** | Competition Dress Rehearsal

**December TBD** | Nutcracker

- Required

**January TBD** | Leander Winter Classic Competition

- Location - Leander High School
- Required for All Dancers

**February TBD** | Vista Ridge Dance Championship

- Location - Vista Ridge High School
- Required for All Dancers

**March 28-30** | Streetz Competition & Convention

- Location - Austin
- Required for All Dancers

**March/April** | 8 National Talent Competition

- Location - Austin/ Bastrop
- Required for All Dancers

**April TBD** | End of Season Showcase

**May TBD** | Spring Recital